EASTERN MANITOBA

VISITOR GUIDE 2023

PERLAGE
BOREALIS
BEADING

FOREST TO RIVER
ART & HISTORY

HIDDEN VALLEY HAVEN
FAMILY ON THE FARM

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EASTMANTOURISM.CA

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www.winnipegriverrealtor.com

Pinawa is a beautiful community nestled along the Winnipeg River in the Canadian Shield. This quiet, safe community was built in 1963 and has everything you need including a hospital, medical clinic, dental clinic, and excellent public elementary and secondary schools. Four-season recreation is also readily available. Pinawa has one of the more picturesque and challenging 18-hole golf courses in Manitoba, a beach area, an outdoor pool where swimming lessons and aquafit are available all summer, tennis courts, pickleball, fantastic hiking trails including our section of the Trans Canada Trail, the Ironwood Trail along the Winnipeg River, and the Pinawa Suspension Bridge that crosses the Pinawa Channel where many people enjoy a leisurely raft down the quiet waters.

Imagine *Yourself* in a place...

204-753-5170

@pinawa.com

www.pinawa.com

aits in Pinawa...

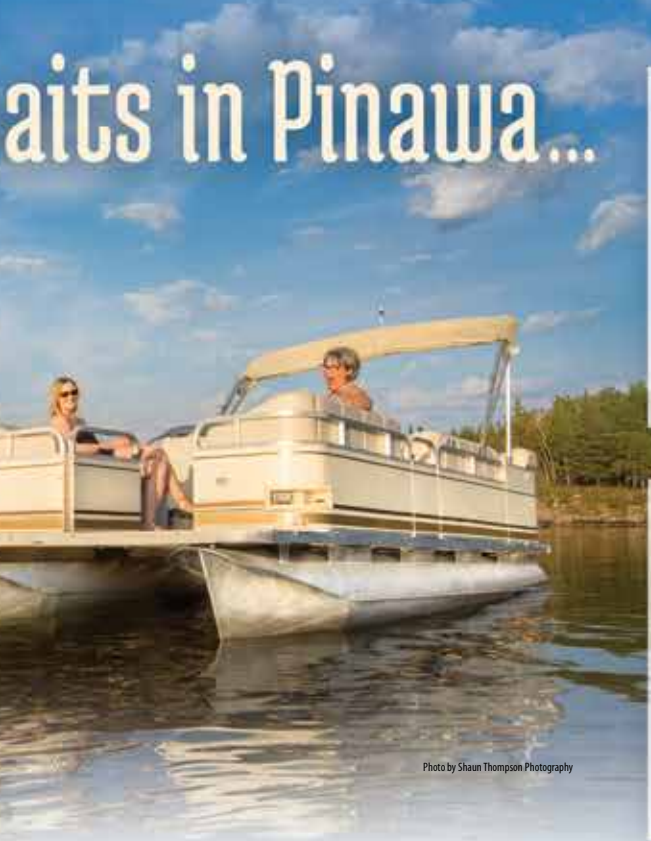

Photo by Shaun Thompson Photography

Easy access to the Winnipeg River means you can enjoy boating, fishing, water skiing, canoeing, sailing, rowing, paddle boarding and swimming. For avid anglers, we have the only Lundmania Walleye fishing tournament in Canada during our annual Birthday Celebrations in July. In the winter, there is also plenty to do. We have an indoor and an outdoor rink, a curling rink, groomed snowmobile trails, several groomed cross-country ski trails for all skill levels, and, of course, ice fishing. In February, Pinawa hosts the Whiteshell Winter Arts Festival (Whiteshellfestival.com). Pinawa also has many artists, photographers, birdwatchers, a community band, an amateur theatre group, and the Eastern Manitoba Concert Association hosts six concerts every year.

We hope you make the decision to come and visit Pinawa. You will be very glad you did!

Photo by Shaun Thompson Photography

HOOPLA Island

Available all Summer!
Must Book Online.

Located at Pinawa's Public Beach: #5 Willis Drive

www.hooplaisland.com

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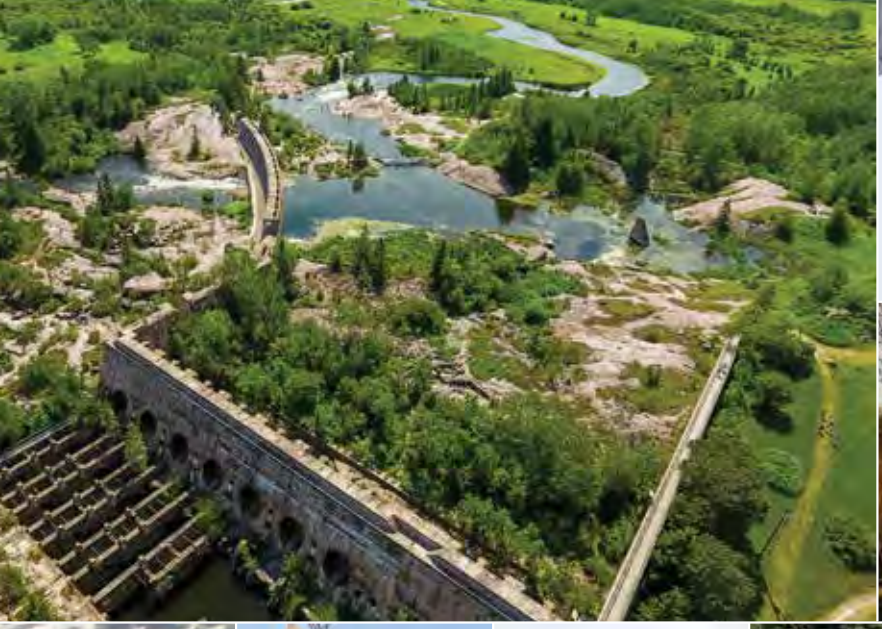

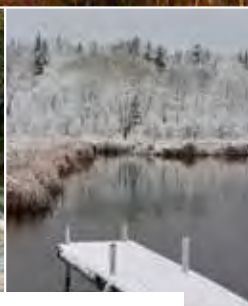

LAC DU BONNET, MB

Lac du Bonnet is where the Manitoba Prairies give way to the vast boreal forest and the Canadian Shield, where miles of natural trails allow you to hear nature's sounds and relax within her bounty. In Lac du Bonnet, miles of prime waterways stretch out before you, calling you towards your next adventure, and a rich history remains to be discovered among the ruins. Culture and arts flourish along the streets where neighbours gather for events and festivals, inviting you to discover the true passion behind our community. Lac du Bonnet is more than a place on the map; it is the place that connects with your heart. The place where you will create a lifetime of memories and unleash the adventure to reconnect with yourself and your loved ones. This year we invite you to explore Lac du Bonnet and discover that your heart is home here!

DISCOVER THINGS TO DO, COMMUNITY EVENTS, PLACES TO EAT, WHERE TO STAY & MORE!

EXPLORE ONLINE WITH
MYLDB.CA

DOWNLOAD THE APP &
SEARCH #MYLDB

EXPLORE ONLINE WITH
RMOFLACDUBONNET.COM

Come for the Weekend, Stay for Life!

11 **FAMILY FUN & ADVENTURE**
Discover family fun at every turn on your road trip to Eastern Manitoba.

30 **MANITOBA WINTER DRESS CODE**
Follow this advice for a fun winter in Eastman.

24 **PADDLE THE BROKENHEAD RIVER**
Hone your skills with advice from Dusty.

39 **TAKE OUR QUIZ**
Test your Eastern Manitoba knowldge.

HIGHLIGHTS

6 Signature Events
12 A Year of Adventure
18 Arts & Culture
26 Lodging
28 Hit the Slopes
36 Unique Boutiques

ON THE GO

Eastmantourism.ca offers key features, such as activitiy ideas and services, a calendar of events and special promotions. Perfect for visitors on the go.

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LAND ACKNOWLEDGEMENT

As we gather, we are reminded that Eastern Manitoba is situated on treaty land that is steeped in rich indigenous history. We acknowledge the First Nations people who were the treaty signatories of the territory on which we are meeting, Treaties 1, 3 and 5. Today, this area is home to many First Nations, Métis, and Inuit people with whom we share this land. We are reminded that we all have a responsibility for the stewardship of the land on which we live and work.

This guide was produced by Eastman Tourism. Layout and design by Hinge Design. Printing provided by Premier.

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SIGNATURE EVENTS

JANUARY EVENTS

Vita & Area Winter Festival

Vita

10-dog and 6-dog sled dog races with mushers from across North America, skijoring, horse drawn sleigh rides, tobogganing, skating, pancake breakfast, cribbage tournament. vendor and craft fair plus more.

@Vita-Area-Winter-Festival

FEBRUARY EVENTS

Floppet: Falcon Lake Loppet Ski Race

Falcon Lake

This unique and cultural nordic ski race winds through the wild and majestic woods of the boreal forest that surround the ski hill.

FALCONRIDGESKI.COM/FLOPPET

Whiteshell Winter Arts Festival

Pinawa

The Whiteshell Winter Arts Festival is an event that combines our thriving arts community with the many winter activities available in the beautiful town of Pinawa.

WHITESHELLFESTIVAL.COM

Winterfest

Powerview-Pine Falls and St. Georges

This annual winter festival is a weeklong event revolving around Louis Riel Day.

@EDGEWATER RECREATION COMMISSION

MARCH EVENTS

Lac du Bonnet Ice Fishing Derby

Lac du Bonnet

Family friendly hidden length & time ice fishing derby with over $55,000 in prizes. You don't even need to catch a fish to be a winner.

LDBICE.CA

MAY EVENTS

Nifty Nag Derby & Dinner

Beausejour

Races, horse auction and fabulous food with Friends of the Beausejour Daylily Gardens.

BEAUSEJOURDAYLILYGARDENS.COM

Spring Twist-Off

Grunthal

An evening of bull riding action! Come cheer on daring rider's as they take on the 8-second challenge at Hanover Ag's first event of the season!

HANOVERAG.COM

Roseau River Canoe Derby

Roseau River

Are you up for a friendly challenge? Enter this race with your canoe, kayak or SUP.

EMERSONFRANKLIN.COM

Seven Sisters Wildlife Association Shooting Skills Day

Seven Sisters Falls

Learn to shoot rifle, shotgun, black powder and archery.

@SEVEN SISTERS FALLS WILDLIFE ASSOCIATION INC.

JUNE EVENTS

Niverville Olde Tyme Country Fair

Niverville

NIVERVILLEFAIR.COM

JULY EVENTS

Canada Day Weekend & Fireworks

Lac du Bonnet

Enjoy the Wonder Shows, Mixed Slo-pitch tournament, Car Show 'N Shine and the best Rural Manitoba Fireworks display.

@LDBLIONSCLUB

St. Labre 200

St. Labre

Manitoba Tourism award winner of the Innovation Award in 2019! The small community of St. Labre, the go-cart capital of Manitoba attracts over 1700 participants and spectators.

STLABRE200.CA

Buffalo Days

Buffalo Point

A fun community festival celebrating the welcoming spirit of Buffalo Point and the local southeast borderland area.

Buffalopoint.ca

@BUFFALOPOINTMB

Meteor Fest

West Hawk Lake

Bands on the beach, BBQ, street hockey, pony rides, face painting, Meteor Market, sand sculpture contest, air mattress races, horseshoe tourney, poker derby.

@ WEST HAWK LAKE METEOR FEST

Mitchell & Area Fun Days

Mitchell

Slo-pitch tournament, petting zoo, peddle carts and wagon rides, chicken Bar-B-Q, evening entertainment and fireworks to top it off.

WWW.HANOVERMB.CA

Gardenton Ukrainian Festival
Gardenton
Come celebrate heritage and culture at this unique event. Featuring traditional homemade food, dancing and live entertainment!
@GARDENTON PARK & MUSEUM

Lund Mania
Pinawa
Test your fishing skills in a tournament you won't forget! Lund Mania is the only one in Canada and we are excited to host it here in Pinawa each year on the Pinawa Birthday Weekend!
@LUNDMANIAPINAWA

16th Annual Pinawa Summer Town Market
Pinawa
Homemade goods, art and more. Indoor and outdoor events happening all day.
WRRD.CA/CRAFT-SALETOWN-MARKETS

La Fête de la St-Jean-Baptiste à La Broquerie St-Jean-Baptiste Festival
La Broquerie
Come celebrate French-Canadian spirit & culture through music, activities and food.
SSJB.CA

Cooks Creek Medieval Festival
Cooks Creek
This semi-annual event is host to two days of jousting, dancing, food and highland games! It's more fun if you come dressed in costume from that era. Get your tickets early.
IMMACULATE.CA

AUGUST EVENTS

Fire & Water Music Festival
Lac du Bonnet
Award winning music festival featuring amazing indie artists.
FIRENWATER.CA

Annual Catch and Release Fish Derby
Bissett
Hosted by the Bissett Development Corporation.
BISSETTCC.COM

Richer Rodeo
Richer
The Richer Rough Stock Rodeo grew out of a simple idea to one of the best and largest outdoors shows in Manitoba.
richerrodeo.ca

Manitoba Tall Grass Prairie Preserve Prairie Day
Near Tolstoi
Explore the largest remnant of tall grass prairie in Canada, nestled between the towns of Tolstoi, Gardenton and Vita.
@MANITOBA TALL GRASS PRAIRIE PRESERVE

Carrick Days
Carrick
Join us for the legendary horseshoe tournament, parade, bean bag competition, kids' games, adult games, music, food, fun!
@ CARRICK DAYS

Heritage Day
Beausejour
Experience what life was like for a pioneer at the Pioneer Village Museum.
PIONEERVILLAGEMUSEUM.CA

Hanover Ag Fair
Grunthal
With just the right blend of livestock, motor sport events, main stage entertainment, children's activities and so much more, the Hanover Ag Fair is a weekend packed full of entertainment and activities to suit all ages.
HANOVERAG.COM

Boreal Shores Art Tour
A free, road-trip worthy, self-guided art tour, featuring artists at their studios and or group locations scattered throughout the beautiful and diverse Boreal Forest and shore regions of Eastern Manitoba.
BOREALSHORESARTTOUR.CA

Tolstoi & Area Harvest Festival
Tolstoi
Annual celebration featuring a parade, breakfast buffet, historic building open houses and walking tour, children's activities, supper, social and live music. Come and visit this cute little community, home to "the red benches"!
@TOLSTOIHOMECOMING

Kleefeld Honey Festival
Kleefeld
A community tradition since 1970, the festival includes a parade, movie night, fireworks, free pancake breakfast, compete in the honey run for what else…honey!
KLEEFELDPARK.CA/PARKREC/HONEY-FESTIVAL

Shades of the Past Annual Car Show
Beausejour
A car show and shine for car enthusiasts, all vintages, all ages.
FACEBOOK: SHADES OF THE PAST CAR CLUB

SEPTEMBER EVENTS

Dawson Trail Arts & Heritage Tour

Dawson Trail

An annual self-guided tour that showcases the work of professional artists in their home studios and group venues along the Dawson Road. The Dawson Trial Heritage Tour is open year-round. Learn the history of this historic route with interpretative signs along the way.

DAWSONTRAILTREASURES.CA

4P Festival

Powerview-Pine Falls, St. Georges

Partake in this annual, fun-filled festival that offers a multitude of experiences!

Edgewater Recreation
204-367-9142
@EDGEWATER.RECREATION

Double B Agricultural Festival

Beausejour

Rodeo, Midway, Petting Zoo, Fireworks, Chainsaw Carving and more.

BROKENHEADAG.CA

Heartland Finals Rodeo & Awards Banquet

Grunthal

Cheer on the top riders from this year's participants in the Heartland Rodeo Finals.

HANOVERAG.COM

OCTOBER EVENTS

Winnipeg River Greenback Championship

Powerview-Pine Falls

Register to participate in the ultimate fishing experience!

@WINNIPEG RIVER GREENBACK CHAMPIONSHIP

NOVEMBER EVENTS

Beausejour Xmas Craft Show and Sale

Beausejour

Join us at the Brokenhead River Community Hall for the ultimate makers showcase.

BEAUSEJOURCRAFT.CA

DECEMBER EVENTS

Canadian Power Toboggan Championships (CPTC)

Beausejour

The Canadian Power Toboggan Championships has the world's fastest and safest 1/2-mile ice oval track since 1963.

CPTCRACING.COM

Pinawa Winter Town Market

Join us at the Pinawa Community Centre. There will be many vendors with homemade goods, art and more for sale.

WWW.WRRD.CA

Snowdance Festival of Winter and Music

Falcon Lake

Bring your pals for a magical weekend of winter fun and talented musical acts.

FALCONRIDGESKI.COM/SNOW DANCE-FESTIVAL

This winter, leave only your footprints behind.

Remember, every empty beverage container belongs in a blue bin.

Learn more, visit **RecycleEverywhere.ca.**

RECYCLABLES ✓

Empty Beverage Containers

Plastic Containers 1-5

Metal Containers

Flat Cardboard & Paper

A recycling triangle doesn't mean it's accepted.
Check with your local municipality to be sure.

WASTE ✗

Food Waste

Plastic Bags & Wrap

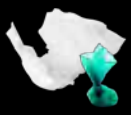
Disposable Cutlery

Disposable Plates

Soiled Food Containers

Take-out Cups

Styrofoam Containers



Diapers & Dog Waste

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RECYCLE EVERYWHERE

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Life is simpler in Sunrise Corner

If there's one thing people have come to understand, it's that taking the time to enjoy life is time well invested. They now realize there's value in hiking through red pine forests and tall grass prairies, fishing on a sparkling river, or rediscovering the past at historic cultural sites. Many people, it seems, are now thinking simpler is better. And we couldn't agree more.

Incredible Sunrise Corner Events

2022/23	EVENT NAME	COMMUNITY
JAN-DEC	Southeast Farmer's Market	South Junction
JANUARY	Vita & Area Winter Festival	Vita
MARCH	Vintage Snowmobile Show, Shine & Ride	Woodridge
MAR-JUN	Spring Craft Markets	Gardenton, Middlebro, Piney
JUN-SEP	Sprague & District Historical Museum	Sprague
JULY	Vita Canada Day	Vita
JULY	Canada Day Family Celebration	South Junction
JULY	St-Labre 200	St-Labre
JULY	Gardenton Ukrainian Festival	Gardenton
JULY	Family Slo-pitch Tournament	South Junction
JULY	Fun Run on the Ridge & Summer Fun on the Ridge	Woodridge
JULY	Piney ATV Mud Run	Piney
AUGUST	Carrick Days	Carrick
AUGUST	Prairie Day	Gardenton
AUGUST	Sprague Fest	Sprague
AUGUST	AC Music Festival	Gardenton
AUGUST	Vassar Ball Tournament	Vassar
AUGUST	Sundown Gymkhana	Sundown
AUGUST	Family Fun Day	Middlebro
SEPTEMBER	Piney ATV Derby	Piney
SEP-NOV	Fall Suppers	Gardenton, Middlebro, Piney, Sundown, Vassar, Vita, Woodridge, Zhoda
Nov-Dec	Holiday Craft Markets	Gardenton, Piney, Woodridge

CHECK OUT DETAILS ONLINE AS THEY BECOME AVAILABLE
www.sunrisecornermb.ca/events/event-calendar

WE INVITE YOU TO
PLAY, VISIT AND EXPLORE
SUNRISE CORNER IN
SOUTHEAST MANITOBA.

WHERE NATURE SHINES.

Sunrise Corner Tourism

sunrisecornermb.ca

FAMILY FUN & ADVENTURE

FAMILY PLAYGROUND
Niverville welcomes families to their accessible playground in Hespeler Park, across from the Splash Pad. It features a multi-level grain elevator with a look out tower and slides, a mini village of iconic structures of Niverville past.
WHEREYOUBELONG.CA/NIVERVILLE

WONDER THROUGH HISTORY - MUSEUMS ARE AWESOME
Everything in a museum was created by our ancestors, much of it by candlelight and wood heat. What life must have been like with no computers, cell phones or even electricity. Learn how our ancestors lived and survived by exploring the 17 museums in the region.

FORE!
Golfing isn't just for grown-ups. There are a variety of programs and opportunities that kids can get involved in the game! Get out with the kids to learn and play the game together. Some clubs have developed a number of programs that meet all levels of skill for youth. Golf is just like any other sport, it can be played casually and just for fun, but can also be taken all the way to the big leagues.

TAKE A HIKE – LITERALLY
Discover the Eastern Manitoba section of The Great Trail that will take you through three provincial parks, covering more than 600 kilometers. Look for signs of wildlife or maybe catch a glimpse of deer, bear, eagle, fox or other forest critters. Remember, be bear smart when hiking our parks and forests.

HORSEBACK RIDING
This is every little girl's dream, to ride a pony. Sign up early for the Horse Camp for Kids where kids will learn about horse grooming, communication, tacking and riding techniques.
FALCONBEACHRANCH.COM

U-PICKS
offer fresh air and exercise while you pick, and you have the opportunity to get to know the farmer. Make it a social event and include friends and family and check out attractions along the way.
FMAM.CA

BEAUSEJOUR DAYLILY GARDENS
is not just for those who appreciate flowers and fruit trees. This gem is the only AHS (American Hemerocallis Society) display gardens on the Prairies and the coldest AHS display garden in the world! Join them for Yoga, Line Dance Classes, Bocce Ball, Drama in the Gardens, Fall Scarecrow Contest and other events all summer.
BEAUSEJOURDAYLILYGARDENS.COM

CANADA DAY CELEBRATIONS
Manitobans love to celebrate. Pile in your car on July 1 and head east for some of the best Canada Day parties and fireworks displays in Manitoba. Parades, petting zoos, family games and entertainers will tire the kids out or you first. Be loud and proud of your country and join communities in celebration throughout the region including Lac du Bonnet, Vita, Richer, South Junction, Whitemouth and beyond.

NATURES EDGE TOURISM
provides access to nature adventures through snowshoeing and stand-up paddle boarding. Learn local folklore and stories on pre-booked, small group, guided tours in Eastern Manitoba. Equipment provided for snowshoeing and SUP clinics and tours.
NATURESEDGETOURISM.CA

BEACH DAY!
There is plenty of sand to play in at community beaches in Eastern Manitoba. Load up the car with water toys, towels, flipflops, lawn chairs and your sense of adventure and hit the road to one of these family friendly spots:

- **St. Georges Beach**
- **Lac du Bonnet Town Dock**
- **Pinawa Beach**
- **Whitemouth River**
- **Brokenhead River**
- **Whiteshell Provincial Park**
- **Buffalo Bay**
- **Birds Hill Park**
- **The Beaches of 59**

For more ideas, visit us @ eastmantourism.ca

A YEAR OF ADVENTURE, CHALLENGES, AND FUN:
52 THINGS TO DO IN EASTERN MANITOBA

The Eastman region provides an endless supply of amazing adventures, challenges, and fun for the entire family. We created a list of 52 things to do all across the Eastman region that will allow you to immerse yourself in our culture and heritage, discover our thrilling adventures, and lead you to peaceful enjoyment. No matter how you take your adventure, we've got it here in the Eastman. Welcome to our home, we hope you enjoy your time with us!

1. Paddle Tulabi Falls
Nopiming Provincial Park
GOV.MB.CA/SD/PARKS/PARK-MAPS-AND-LOCATIONS/EASTERN/NOPIMING.HTML

In the Anishinaabe language, Nopiming means 'Entrance to the Wilderness', and that's exactly what you'll find here. Enjoy Tulabi Falls' view while fishing, exploring the crystal-clear lakes in the area or paddling along canoe routes.

2. Catch a Race at Victory Lane Speedway
St. Adolphe
VICTORYLANESPEEDWAY.CA

Spend the night with the family enjoying the races at Central Canada's largest oval dirt track. Previously known as the Red River Co-op Speedway, the track is now under new management! Let's show these new owners some love.

3. Discover the Famous Caddy Lake Rock Tunnels
Caddy Lake

This amazing paddle route is a truly unique site because of the man-made tunnels blasted through the solid granite rock when the railways were put in to allow the natural flow of water for the Whiteshell river system. The shores of these lakes are lined with beautiful mature trees and provide many opportunities to observe Manitoba's diverse wildlife coming down to the shore for a drink.

4. Be Amazed by the Perseid Meteor Showers
West Hawk Lake

One hundred fifty million years ago, West Hawk Lake was created by a meteor. The deepest lake in Manitoba and one of the deepest in North America, at 111.5 meters deep, is one of the best places to take in the Perseid Meteor Shower's yearly display that happens in mid-August.

5. Feel the Power of Sacred Land Beneath You at Bannock Point Petroforms
WHITESHELLPETROFORMS.COM

This authentic Indigenous experience will touch upon all your senses as you walk, listen, smell, and participate first-hand in a taste of Anishinaabe cultural traditions, teachings, and stories. You will view Petroforms, ancient stone forms that have deep meaning and healing power to those who know how to read and work with them.

6. Search for Rare Birds and Insect Eating Plants at the Brokenhead Wetland Interpretive Trail
Brokenhead
DEBWENDON.ORG/WORDPRESS/

As you go along the trail, listen to the birds and smell the cedar. Watch for rare plants such as wild orchids, insect-eating plants and mushrooms. This wetland is a sacred area used by the local Ojibway for over 300 years to sustain them and sacred ceremonies. Therefore, the trail's theme was designed to highlight the significance of the historical, cultural connection between the Brokenhead Ojibway Nation (BON) and the Brokenhead Wetland.

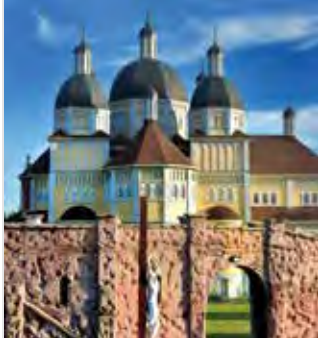
7. Step back in Time at the Lac du Bonnet & District Museum
Lac du Bonnet

The Lac du Bonnet District Museum collects and preserves artifacts integral to the area's history from prehistoric and early pioneer times to the industries which contributed to the region's development through to the present.

Enjoy exhibits and photo displays focusing on the local industries and people, including over twenty-seven nationalities who came together to establish the area known today, while exploring the museum building itself, which is a fully restored, hand-crafted, stacked log cabin.

8. Stop and smell the Lilies at the Beausejour Daylily Gardens
Beausejour
BEAUSEJOURDAYLILYGARDENS.COM

This unique site is a two-acre park with various stunning plant life like peonies, iris, and, of course, daylilies. The newest addition to the gardens is shrubs and fruit trees like haskaps, grapes, cherry,



apricot, pear, and apple trees. The Daylily Gardens is the only official American Hemerocallis Society (AHS) display garden on the Canadian prairies, making the experience of visiting the gardens even more special as there is nothing else like it in the prairies!

9. Cook's Creek Heritage Museum

Cook's Creek CCHM.CA

Situated in the oldest settlement of Galician people in Western Canada, Cook's Creek Heritage Museum is housed in Cook's Creek's Roman Catholic Rectory of St. Michael's Parish and was built in 1937. The early pioneers who settled in Cook's Creek were from Eastern Poland, Western Ukraine and other Eastern European countries. This Manitoba Star Attraction features folk art, pioneer aged homes, a church, blacksmith shop, costumes, a barn, and a candle house. Sharing memories from the past and offering a chance for visitors to increase their knowledge of Canadian history.

10. Cool off at Eastman's newest attraction, Hoopla Island

Pinawa
HOOPLAISLAND.COM

July and August

Unleash your inner child on the many jumps, slides, climbing walls, swimming, trampoline and more with your social bubble at Hoopla Island, new to Pinawa this year!

11. Add a little altitude to your summer with Adventure at Altitude

Beausejour ALTITUDE.CA

Are you searching for a thrilling, heart-pounding adventure? Well, look no further. In the community of Beausejour, you will find Adventure at Altitude, a business that wants to give you an ultralight, hang glide, or flying boat adventure!

12. Enjoy pelican watching at Whitemouth Falls

Whitemouth Falls Provincial Park

Located at the confluence of the Whitemouth and the Winnipeg Rivers, this location was once a stopping place for Indigenous people. You can still find shards of pottery on the trail to the water. It's also a great location to cast your line and enjoy pelican watching!

13. Experience the transformation at Niverville's Wetlands

Niverville
WHEREYOUBELONG.CA/LIVING-HERE/COMMUNITY-INFORMATION/GREEN-INITIATIVES-WETLANDS/

Niverville's Wetlands, part of their Green Initiatives, is not only great for the environment and first-of-its-kind project in Canada but is also a breathtaking experience. This multi-award-winning project offers an experience of beauty, and education, as the decommissioned 12ha Lagoon System became a thriving wetland inspired by Native Plant Solutions.

14. Visit Manitoba's oldest swinging cable bridge Senkiw Suspension Bridge

RM of Emerson-Franklin

Travel along the Crow Wing Trail to Manitoba's oldest swinging cable bridge! Swing on just off of Highway #59 near Senkiw to find this little piece of historic treasure and also enjoy a great stroll through one section of the Crow Wing Trail.

15. Harvest Hazelnuts, berries and lobster mushrooms along the trails of Sunrise Corner

SUNRISECORNERMB.CA/THINGS-TO-DO/FORAGING/

At various times during the spring and summer growing season, you can find many berries, mushrooms and plants for your enjoyment. If you're interested in learning more about foraging, consider taking a Prairie Shore Botanicals workshop.

16. Catch sight of the rare Least Bittern at the Rat River Wildlife Management Area
Rosa SUNRISECORNERMB.CA/PLACES-TO-GO/FORESTS-PRAIRIES

The rare Least Bittern is often found here, for those who know how to look. It is a small, secretive member of the heron family. To catch sight of one, listen first for its call – coo-coo-coo, then scan the reeds. It is so well camouflaged that it is difficult to find even when you hear it call.

17. Try paddling at one of Natures Edge Tourism's paddle nights
Various Locations
NATURESEDGETOURISM.CA

Natures Edge Tourism is Southern Manitoba's only SUP Tour company that provides bilingual personalized instruction with premium equipment so you'll feel like you're walking on water! Indigenous female owned and operated. They carry a variety of boards to accommodate a wide range of paddlers. Just show up and SUP!

18. Harness the Adventure with a Winter Glamping Experience at Harness Adventure
Richer
HARNESSADVENTURE.CA

Enjoy an evening dogsled ride and be delivered to the doorstep of your enchanting overnight accommodations. The winter wall tent is furnished with a 4-post Queen size bed, woodstove and loveseat! Relax and enjoy the magic of winter in cozy comfort. This is an experience like no other in Manitoba.

19. Hit the Slopes at Springhill Winter Park
Springfield
SPRINGHILLWINTERPARK.COM

Enjoy the day skiing, snowboarding and tubing down the daily groomed hills at Springhill. The hill includes Manitoba's top terrain park, a race run, and open areas for learning. Springhill has 100% snowmaking capability and daily grooming to ensure the best local snow conditions.

20. Explore the winter trails by sleigh with Falcon Beach Ranch
Falcon Lake
FALCONBEACHRANCH.COM/WINTERACTIVITIES

Enjoy a 45-to-60-minute sleigh ride with their staff and some of their Belgian Draft horses. This is the perfect way to take in the winter wonderland that is Falcon Lake!

21. Test your maze skills at the World's Largest Snow Maze – Amaze in Corn
St Adolphe
CORNMAZE.CA/

Visit the Guinness Book of World Records largest snow maze and see if you have what it takes to navigate your way through.

22. Trek through the bog on snowshoes – Cedar Bog Trail
Bird's Hill Provincial Park

Trekking through Cedar Bog Trail via snowshoe is a must-do adventure! This 3.5 km loop trail is perfect for all skill levels and provides incredible sights. Along the trail, you will see Aspens, open grasslands, wildlife such as

snowshoe hares, lynx, blue jays, black-billed magpies, white-tailed deer and many more. Of course, you will also see cedar bog! The impressive eastern white cedars are simply magnificent.

23. Enjoy the picturesque winter views at Pine Point Rapids

Whiteshell Provincial Park

At Pine Point Rapids, you can discover lots of potential photo-worthy things! With Canadian Shield, gorgeous, forested sections, and even though it may be frozen, the Whiteshell River offers breathtaking sights.

24. Revisit Grand Beach this winter for a Geocache experience

Grand Beach Provincial Park
GEOCACHING.COM/PLAY

Grand Beach Provincial Park is loaded with caches! Find a parking spot and explore the boardwalk or some nearby trails to discover these caches. Head to Geocaching.com or download the app on your smartphone to get started!

25. Hit the trails for a world class mountain biking adventure on the Blue Highway Mountain Bike Trial

Whiteshell Provincial Park
SWTATRAILS.COM/PROJECTS

Starting from the Caddy Lake Resort Road, heading west along some of the most beautiful granite ridges in the Whiteshell, they have developed a hiking/mountain biking route, called Blue Highway. It has already become a very popular destination trail and according to many avid users, it has become a "favourite".

26. Lose your cabin fever this winter while skiing through Buffalo Point Resort

BUFFALOPOINT.CA/SNOWSHOEING-CROSS-COUNTRY-SKIING/

Buffalo Point have amazing, groomed ski trails throughout their Premier Golf Course; there is also a snowshoe sign out available all winter. There is no need to slow down when the snow flies.

27. Create a snowmobile adventure with Trails and Food

Various Locations
POUTINETRAIL.COM

Head out to southern Manitoba on a snowmobile, stopping in to sample the amazing poutine at the Poutine Trail locations – we're not sure if there could be anything more Manitoban than that!

28. Enjoy the four-legged sanctuary at Kismet Creek Farm

Steinbach
KISMETCREEKFARM.CA

Kismet Creek Farms is a great place to go and learn about farm animals. While not a traditional petting zoo, many rescued animals (cattle, horses, pigs, goats, sheep, chickens, turkeys, and ducks) love people and will come to you for scratches and hugs.

29. Take your camping skills to the next level with Winter Camping at Birch Point Provincial Park

Buffalo Point
GOV.MB.CA/SD/PARKS/PARK-MAPS-AND-LOCATIONS/EASTERN/BIRCH.HTML

This little campground may be small but is super fun to visit. Enjoy the Lake of the Woods' beautiful scenery under a fresh blanket of snow and enjoy ice fishing with the family on Buffalo Bay.

30. Enjoy an Ice Fishing Experience in Whiteshell with Barrier Bay Resort

Barrier Bay
BARRIERBAY.COM/ICE-FISHING-EXPERIENCE/

Are you thinking of trying out ice fishing but don't know where to start? Test it out with help from Barrier Bay Resort with the Ice fishing package. You'll be provided with all the tools you need, plus they set it all up for you!

31. Learn to snowboard at Falcon Ridge Ski Slopes

Falcon Lake
FALCONRIDGESKI.COM/LESSONS

Well known for their fabulous and fun-loving instructors, Falcon Ridge offers the perfect venue for all ages to learn the exciting sports of snowboarding. Get started on the right foot and book a lesson this winter!

32. Be dazzled by the Northern Lights in the Whiteshell

Various Locations

There's no denying the beauty, wonder and amazement of watching the Northern Lights dance across the night sky. Eastman's Whiteshell area is the perfect place to catch the show.

33. Unwind and take in the scenery of the St. Malo Shrine and Grotto
St. Malo
EASTMANTOURISM.CA/PLACES-TO-GO/ST-MALO-SHRINE-AND-GROTTO

The St. Malo Shrine and Grotto is a reproduction of the Grotto in Lourdes, France. This excellent site is a hidden gem that will leave you awestruck by its sheer beauty.

34. Explore the ruins of the Dam that Powered Winnipeg at Pinawa Dam Provincial Heritage Park
Lac du Bonnet
MYLDB.CA/THINGS-TO-DO/PINAWA-DAM-PROVINCIAL-HERITAGE-PARK

Pinawa Dam Provincial Heritage Park was the first year-round hydroelectric generating station in Manitoba. It was built in 1906 in response to the demand for residential and commercial power and was crucial to Winnipeg's rapid growth in the pre-war years.

35. Visit the Centre of Canada
Landmark
CENTREOFCANADA.CA/HOME

Your adventure won't be complete without a visit to the Centre of Canada located in Eastern Manitoba. Hence the name, Landmark, it marks where East and West meet, creating the center of Canada – longitudinal 96° 48' 35.

36. Feel like you're on top of the world with a visit to Top of the World Trail
Falcon Lake

This 4-km hike leads to the highest elevation in the area and is a spectacular lookout above Falcon Lake. It returns on the same path. This intermediate hike takes one hour.

37. Dive into the history of the Winnipeg River Heritage Museum
St. Georges
WINNIPEGRIVERMUSEUM.COM

From its historical and ancient beginnings to modern times, the Winnipeg River has played a significant part in the lives of the people who live near and travel along it.

38. Become an outdoors person with training from SAYZOONS
SAYZOONS.CA

SAYZOONS mission is to connect people back to the nature we belong to. Through Recreation and experiential tourism using traditional Indigenous Knowledge our hope is to help shift the way you experience the world. It's motto is recreation for reconciliation.

39. Explore our rich history and be inspired at the Mennonite Heritage Village
Steinbach
MENNONITEHERITAGEVILLAGE.COM

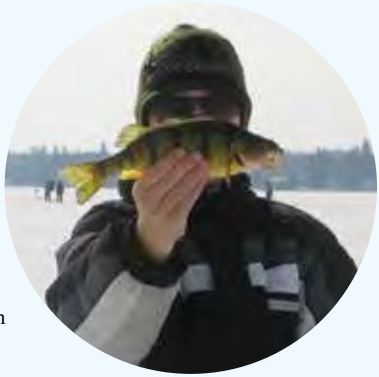
Explore a turn-of-the-century Russian Mennonite street village on the 40-acre site. Taste traditional Mennonite food at the museum's Livery Barn Restaurant and explore a classic Mennonite house barn and a fully operational Dutch windmill during the summer season. View historic and heirloom treasures from Poland and Russia to Canada displayed in the permanent and Gerhard Ens galleries. Be sure to hit up the Village Books and Gifts, open year-round in the Village Centre.

40. Discover how sugar water is turned into sweet gold at the Musee St-Pierre-Jolys
MUSEESTPIERREJOLYS.CA/EN/BOOKINGS/MAPLE-SYRUP-TOUR

Take the Maple Syrup Tour and gain an appreciation for the intricate and complex process that Armand Desharnais started back in 1986 of making one of Manitoba's best-kept secrets. Guests will learn how to identify maple trees, hear the origin stories of how maple syrup was used in the Metis way of life, tapping tools and practices, and the different grades.

41. Take a selfie at the Sturgeon Monument in Dominion City
EASTMANTOURISM.CA/PLACES-TO-GO/MANITOBAS-BIGGEST-STURGEON-MONUMENT

The monument is in tribute to the largest sturgeon caught in Manitoba. It is an original size reproduction of Manitoba's biggest sturgeon, weighing 406 pounds, measuring 15½ feet long, aged at 150 years, a female full of eggs caught in the Roseau River east of Dominion City by Sandy Waddell on 27 October 1903.



42. Enjoy walking the trails at Rosenthal Nature Park in Mitchell
SRRWD.CA/AWARENESS/ROSENTHAL-NATURE-PARK

If you are looking to indulge yourself in nature, the Rosenthal Nature Park is just the place to do it! Home to twenty-five families in the 1870s, not only is Rosenthal Park here to preserve the breathtaking beauty of nature, but also to preserve the history and artifacts on the site.

43. Learn a new skill with a Manitoba Metis Artisan at Borealis Beading in Ste. Genevieve
BOREALISBEADING.COM

Borealis Beading provides you with a hands-on, creative learning experience where participants learn the art and skill of 2-Needle Beading, Finger Weaving, or Quilting, along with the cultural and historical significance to the Métis people, "The Flower Beadwork People." Workshops are delivered in a style reflective of the traditional beading circle format where friends and family would meet to share stories and talk about their day while passing on the traditional art of beadwork.

44. **Bring your group together for cultural workshop at Cedar Lake Ranch in Anola**
CEDARLAKERANCH.CA

Cedar Lake Ranch is a great place to bring youth, families, and staff away from the busy life of urban living, be with Mother Earth, and hear the wind through the trees leaving you in a state of tranquillity, calmness and peacefulness. This could be the perfect meeting place if your organization is looking to hold workshops, staff meetings, outdoor survival training, team-building exercises, or a group camping trip. Receive traditional teachings in one of the 22' teepees or Traditional Teachings Lodge!

45. Immerse yourself in Indigenous Education and Wellness at Turtle Lodge
TURTLELODGE.ORG

The Turtle Lodge is a place for sharing universal and ancient knowledge, a place for reconnecting ourselves to the Earth and Nature, and a place for sharing among people of all colours and nations. The Turtle Lodge offers Children, Youth, Adults and Elders the opportunity to come together in a sacred environment for: Traditional teachings, Ceremony, Healing, and the sharing of the perspectives of the Original Peoples of Turtle Island on how to have a good and peaceful life.

46. Learn to grow and create with Green Pastures Farm Gardenton
FARMGREENPASTURES.COM/CONTACt

Develop creative new skills with on-farm workshops on fiber handcrafting, food, and farming and be inspired to grow and create using local resources in your cooking, backyard farming, and handcrafting.

47. Visit the stunningly beautiful Cooks Creek Grotto in Cooks Creek
IMMACULATE.CA

The Immaculate Conception Ukrainian Catholic Church Grotto and Cemetery is a visually stunning historical architecture piece in Eastern Manitoba. Construction began in 1930, and the church was consecrated 22 years later. The church is a nationally and provincially designated historic site.

48. Discover the sweet magic of Pennyweight Market in Beausejour
PENNYWEIGHTMARKET.CA

Return to your youthful ways and become a kid in a candy shop as you browse through the large candy island, bins of chocolates and a café devoted to ice cream treats. But that's not all. Pennyweight is also known for its selection of Manitoba-made food and bulk products and home to many unique gift ideas crafted by local artisans.

49. Take a pottery class with Bridgehill Pottery in Woodmore
SITES.GOOGLE.COM/SITE
bridgehillpotteryworkshop/home

Bridgehill Pottery Workshop is dedicated to helping you develop your "voice" through design. With these three-hour sessions, learn about pottery and honing in on your creative side!

50. Experience Forest to River: Where art, history, and inspiration flow
Pinawa
PINAWAARTGALLERY.COM/

You'll be guided on a trail walk and forage for art materials on the beautiful Ironwood, along the Winnipeg River, an important trade and travel route. Be inspired, listen to stories, engage in the inspiration that artists discover in the Boreal Forest and the Winnipeg River. Let your creativity flow using your foraged materials to create a one-of-a-kind art piece that you get to take home.

51. Indulge in date night at Moon Gate Guest House Pizza Nights
Elma/Whitemouth
MOONGATEGUESTHOUSE.CA/PIZZA-NIGHT

Enjoy tasty wood-fired pizza prepared by hand with only the best locally sourced ingredients. You can take your pizza home or enjoy the Whitemouth River Valley and eat your pizza at one of their picnic tables by the river and take in a lovely Manitoba sunset.

52. Challenge your senses at Puzzlers Escape Rooms
Steinbach
THEPUZZLERESCAPEROOMS.COM

Choose your adventure, whether you're looking for a team building activity, office party, family activities, or simply just having fun with friends, round up your group and come try our escape room. We strive to give you the complete package - a room that feels like you're entering into another world, puzzles that surprise and challenge you, and fun twists that will keep you on edge. Can YOU beat the clock? Safe and fun for ages 8+.

The cultures of Eastern Manitoba have been woven together to create diverse communities that have flourished and grown over time. Come and explore the region's cultural events and enjoy the works of the many gifted artists who call this area home.

Go here:
Northeastern Manitoba (Arts)

See this:
Boreal Shores Art Tour

Eat here: There's plenty of cute little cafes in the region that offer unique cultural dishes with a contemporary twist.

Stay here: Check out the map Boreal Shores Art Tour map and pinpoint where you want to stay. You'll find a cozy cabin, quaint BnB or motel with a pool.

BOREALSHORESARTTOUR.CA

Go here: Tolstoi, Gardenton, Stuartburn (Ukrainian)

See this: The Tolstoi Heritage Centre, Gardenton Museum, 32 Foot Mural, Gardenton Ukrainian Festival in July, St. Michael's Ukrainian Orthodox Church and Cemetery.

Eat here: Take the Gardenton Heritage Tour and be treated to an authentic Ukrainian meal or stop in at the historic Elsie's Hotel in Tolstoi.

Stay here: Tolstoi Country Cottage

SUNRISECORNERMB.CA
COTTAGESINCANADA.COM/TOLSTOICOTTAGE
GARDENTON PARK CAMPGROUND 204.425.8197

Go here: Buffalo Days, Buffalo Point First Nation (Ojibway)

See this: Enjoy the welcoming spirit of Buffalo Point in July. Visit the cultural centre, play games, see fireworks, listen to entertainment, enjoy the vintage car show.

Eat here: Fire & Water Bistro or Buffalo Chips Food Truck (May to September)

Stay here: Buffalo Point Resort cabins or camping

BUFFALOPOINT.CA

Go here: SAYZOONS (Metis)

See this: Forest, rivers, prairies, bonfires, and starry skies.

Eat here: J'em Bistro, St-Pierre-Jolys (Metis)

Stay here: The House That Love Built

SAYZOONS.CA
JEMBISTRO.COM/EAT
LOVEBUILT.CA

INDIGENOUS CULTURE

Do this: Bannock Point Petroform Tours (Anishinaabe Ikwe)

Eat here: Jennifer's Picnic

Stay here: Barrier Bay Resort

WHITESHELLPETROFORMS.COM
FACEBOOK.COM/JENNIFERS-RESTAURANT-PICNIC
BARRIERBAY.COM

Do this: Brokenhead Wetland Interpretive Trail (Ojibway)

Eat here: Mango's

Stay Here: South Beach Casino

DEBWENDON.ORG
SOUTHBEACHCASINO.CA

Do this: Sagkeeng Heritage Centre (Ojibway)

Eat here: PT Grill

Stay here: Papertown Inn

SAGKEENG.CA/HERITAGE-CENTRE
PAPERTOWNINN.CA

Do this: Sandy-Saulteaux Spiritual Centre Traditional Ceremony (All Nations)

Eat here: Amore at Rivers Edge Golf Course

Stay here: Breezy Oaks Inn & Tavern

SANDYSAULTEAUX.CA
@RIVERSEDGEGOLFCOUNTRYCLUB
BREEZYOAKS.CA

Do this: Tubing the Whitemouth River with Bigfoot

Eat here: Moon Gate Artisan Bakery Pizza Nights

Stay here: Moon Gate Guest House (Metis)

BIGFOOTSUP.COM

MOONGATEGUESTHOUSE.CA

WAYS TO IMMERSE YOURSELF IN OUR ARTS AND CULTURE:

1. Stop in at Beausejour Music and say hello to Don Zueff, who after performing over half a century, has produced a solo album, Widgetville. He's a musician's musician and still plays with the D. Rangers.

27B 3RD STREET, BEAUSEJOUR

2. Be inspired by the Creche Festival held at the Winnipeg River Heritage Museum in St-Georges.

WINNIPEGRIVERMUSEUM.COM

3. Ever wonder what it takes to produce a national TV show? Attend a live taping of the Marc & Mandy Show in Blumenort.

MARCANDMANDY.COM

4. Stroll along Co-op Community Trail in Whitemouth for some mosaic inspiration. Award winning mosaic artist, Annie Bergen was the lead on this community project.

RMWHITEMOUTH.COM
WHITEMOUTHRIVERREC.COM

5. A memorable Manitoban, Leo Mol was a prominent sculpture and painter and left his mark in rural Manitoba in many communities. See the Leo Mol mural in St. Mary Roman Catholic Church in Beausejour.

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Winnipeg River Heritage Museum – St. Georges

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Maple Syrup & Rat River Métis Tours – Musée de St. Pierre Jolys

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Explore Eastern Manitoba

Explorez l'est du Manitoba

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MLA for Steinbach

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204.326.5763

Bob Lagassé
MLA for Dawson Trail

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204.807.4663

Ron R. Schuler
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POINT YOUR PADDLE TO EASTMAN'S BROKENHEAD RIVER

BY DUSTY MOLINSKI

IMAGE: WIKI.COMMONS.FILSPARI3

The drumming of a woodpecker mingles with the sounds of rustling leaves. A mink dashes up a log. A paddle dips into the water...

Charting a course north to Lake Winnipeg from Sandilands Provincial Forest in the south, the Brokenhead River of Eastern Manitoba is an often forgotten place to paddle.

But with tree lined corridors bordering smooth tea-coloured water and boulders and small rapids scattered throughout, it is hard to forget once you have paddled there.

For the expert the river is a chance to hone skills and for the novice the river is forgiving and a great gateway to the other waterways in Eastern Manitoba.

So by canoe, kayak or stand-up paddleboard point your paddle to the Brokenhead River!

If you have a day plan to paddle a section of the river north from Highway 15 in spring.

If you have a weekend book a cabin or campsite in early summer and paddle the river north and south of where you are staying.

If you have a week mix paddling with activities on shore: Heritage Day at the Pioneer Village Museum in Beausejour, Treaty Days and Powwow Celebration at Brokenhead Ojibway Nation, golfing at Rivers Edge Golf & Country Club, finding local produce at Kurbis Country Market and eating at Dencross Cornerstone Café.

Dusty is the author of Through Field and Forest: A Canoe Companion for the Brokenhead River. He enjoys paddling all over the Eastman region, especially the Brokenhead. Find him online at brokenheadrivercanoeing.com.

BEAUSEJOUR BROKENHEAD

Satisfy your sense of adventure in the gateway to Manitoba's Whiteshell

Our Home, Your Home

Beausejour is the proud home of the Pioneer Village Museum and the Manitoba Glass Works Historic Site, open through the summer. Another summer must-see is the Beausejour Daylily Gardens. Boasting over 600 daylily cultivars, it's the coldest AHS display garden on the planet!

Round off your summer stay at our farmers markets, car shows, golf courses and campgrounds, and make a splash in our outdoor pool or on the picturesque Brokenhead River.

In September, kick-off autumn at the Double-B Ag Festival with a rodeo, midway, parade, fireworks, and more! Get your adrenaline pumping at the annual Canadian Power Toboggan Championships, held in December and March. With over 250km of groomed snowmobile trails, we are geared for backcountry adventure, all winter long.

Experience true hospitality at our many restaurants and in our business district. Your stay will be truly special in Beausejour Brokenhead.

ourhomeyourhome.ca | facebook.com/BBDCBiz | Driftscape.app

Whether you are looking for a place to chill with friends, a luxurious suite, or family-friendly accommodations you will find it in Eastern Manitoba.

RESORTS & LODGES

Buffalo Point Resort
BUFFALOPOINT.CA

Barrier Bay Resort
BARRIERBAY.COM

Falcon Beach Ranch
FALCONBEACHRANCH.COM

Falcon Trails Resort
FALCONTRAILSRESORT.COM

Inverness Falls
INVERNESSFALLSRESORT.COM

Riverview Lodge
RIVERVIEWLODGE.CA

Wild Skies Resort
WILDSKIESRESORT.COM

BED & BREAKFASTS/ GUEST HOUSES

G's BnB
GSBEDANDBREAKFAST.CA

Hidden Valley Haven
HIDDENVALLEYHAVEN.CA

Moon Gate Guest House
MOONGATEGUESTHOUSE.CA

CAMPGROUNDS

Lilac Resort-RV, Lodging and Water Park
ILACRESORT.COM

Rock Garden Campground
ROCKGARDEN.CA

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LOVEBUILT.CA

Stay: The Staff House

Eat: Fresh baking, Jennifer's Picnic

Do: Seven Sisters Falls Generating Station, waterfalls, trails, raspberry u-pick

THESTAFFHOUSE.CA

Stay: G's BnB, Pinawa

Eat: Pinawa Club Restaurant, Burger Boat

Do: Hoopla Island, Pinawa Float & Paddle, Forest to River Experience, Pinawa Golf Club, Pinawa Art 211

GSBEDANDBREAKFAST.CA

Stay: Voyageur Houseboats

Eat: cook on board

Do: kayaking, fishing, wildlife watching, reading, writing, relaxing

VOYAGEURHOUSEBOATS.COM

Stay: Brookeville Retreat

Eat: BBQ in their summer kitchen

Do: Writer's retreat, foraging, watching wildlife, star gazing, meditating, reading

AIRBNB.CA/ROOMS/37537941

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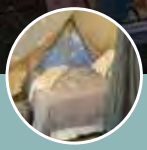

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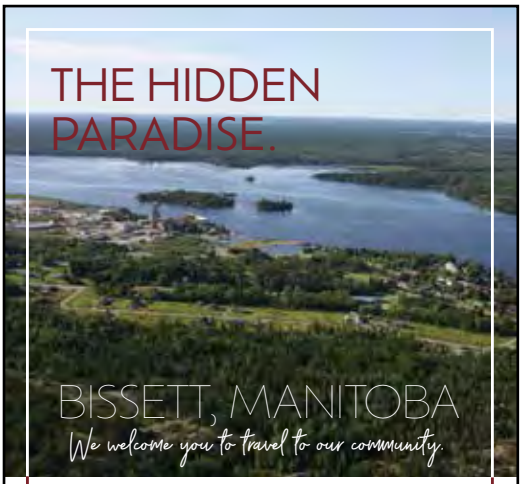

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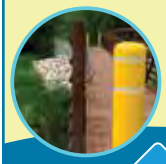
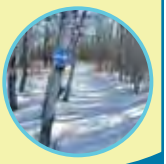


Connecting
Winnipeg to Emerson
De Winnipeg à
Emerson...



LOOK FOR
THE SIGNS

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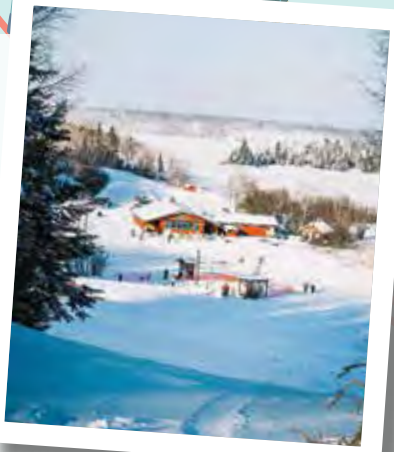
HIT THE SLOPES

Eastern Manitoba is home to many winter adventures. From ice fishing to skijoring, hiking to snowshoeing, the options are endless. Downhill skiing and cross-country skiing are a favourite.

There are many communities that offer a fantastic skiing experience, whether you're looking for a peaceful glide through breathtaking forests or a thrilling downhill adventure that presents a challenge. Whatever adventure you want to experience, you can in the Eastman.



FALCON RIDGE SKI SLOPES

FALCONRIDGESKI.COM

During the winter months, Falcon Lake is known for its skiing. And we can see why. At Falcon Ridge Ski Slopes, you can get the best of both worlds; with twelve alpine ski runs, a biathlon range, tube runs with lift, and 30 km of world-class Nordic ski trails (skate and classic) free for anyone to use, you can have the adventure of a lifetime.

Along the groomed cross-country ski trails, you'll travel through the Boreal Forest while discovering remote lakes and the natural beauty of untouched wilderness. No matter what skill level you are, you can enjoy these scenic trails surrounded by the indescribable beauty of nature. If you love skate skiing, you can do that too! Falcon Ridge Ski Slopes offers groomed trails designed for the skate technique.

If you are an expert downhill skier or looking for a new adventure to try out, then you'll want to try one of the twelve alpine ski runs at Falcon Ridge. With a no-messing-around terrain park and lift options like one t-bar, two rope tows and a handle tow for beginners, any skill level will fall in love with Falcon Ridge.

Falcon Ridge Ski Slopes also offers equipment rentals for alpine ski equipment, snowboard equipment, classic x-country ski equipment, skate x-country ski equipment, snowshoes, and tube rental with lift.

Learn how to ski from the professionals! Falcon Ridge offers the perfect venue for all ages to learn the exciting sports of alpine skiing and snowboarding.

Falcon Ridge Ski Slopes also offers food and beverages at the Trail's End Cafe. And, if you want to make it an overnight stay, then Falcon Trails Resort is the perfect place to unwind after an exhilarating day of skiing.

SANDILANDS PROVINCIAL FOREST

SANDILANDS.CA

Experience cross-country skiing at its finest when you trek through the Sandilands Provincial Forest! Groomed and maintained by the Sandilands Cross Country Ski Club's outstanding volunteers, you can glide on over 35 km of single tracked trails that wind up and down Sandilands Provincial Forest.

There are eight trails (plus a connector trail), each with its own characteristics, difficulty levels, and incredible terrain. In the winter months, the high sand ridges provide a hilly landscape for more experienced skiers, while the trail's flat segments are the perfect spot for beginner skiers or those looking for a relaxing, easy trail.

While you're out, you'll see wildlife wandering through the trails, stunning landscapes with Red Pine, Birch, Poplar Trees surrounding you, and glide on ancient glacial moraines.

To ski on these fantastic trails, you'll need to purchase an annual Sandilands Ski Club membership on their website or purchase a day pass ($5.00) in Marchand at the General Store on Main Street (opposite of the Wilderness Gate Lodge).

Do you want to introduce your kids to skiing? With Sandilands Ski Club's Jackrabbits program, your child can begin learning and developing their skills. They offer three stages: The Active Start Stage (5 years old and under), FUNdamentals (six to nine years old), and the Learning to Train Stage (ten to twelve years old).

Each stage is designed to be educational and fun and created specifically for each age range. Your children will have tons of fun while being introduced to the world of cross-country skiing.

After your cross-country skiing adventure, head over to Eva's Restaurant for a delicious, home-cooked meal. Looking for a place to stay? No problem! Stay at the Vintage Lodge for a relaxing and restful stay.

SEVEN SISTERS FALLS

CCSAM.CA/WHERETOSKI/GROUPS/SEVEN-SISTERS-FALLS

If you are looking for a place that offers astonishing views, plentiful wildlife, and a mix of flat and hilly terrain, then the Seven Sisters Falls' cross-country ski trail is just the place for you.

This pristine trail has three loops –short (3 km), medium, and long (7 km). The meticulous groomers strive to maintain the conditions of the trail and quickly regroom after a dump of snow.

With a variety of landscapes, you can enjoy a peaceful, smooth ride or take advantage of some of the hills perfect for a long, fast glide. The trails twists and turns throughout tree-covered areas until leading to the Seven Sisters Hydro Dam, offering a magnificent view of the dam and where the Whitemouth River meets the Winnipeg River.

Don't be surprised if you encounter wildlife. With whitetail deer, rabbits, bald eagles, owls, and more calling this area home, you can admire these incredible creatures during your adventure.

Grab a tasty, homey dinner at the Seven Sisters Motel & Restaurant. Staying the night at The Staff House B&B promises a soothing place to unwind after your day of skiing.

SPRINGHILL WINTER PARK

SPRINGHILLWINTERPARK.COM

At Springhill Winter Park (located only 15 minutes from downtown Winnipeg), you can experience a thrilling skiing or snowboarding adventure that you won't soon forget. Whether you've been riding the hills for years or wanting to learn the skill of downhill skiing, you can enjoy this spectacular, heart-pounding adventure.

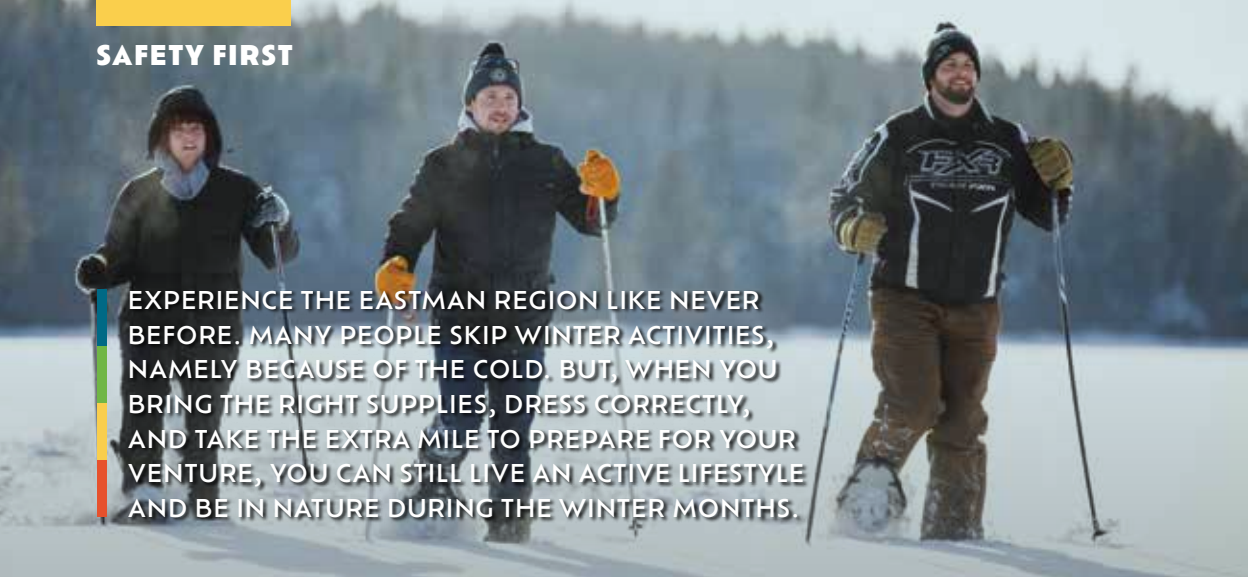
Onsite, you will find Manitoba's top terrain park, a race run, large, open areas that are perfect for learning, a kitchen, and a licensed sports bar. You can also take full advantage of their snowboard and ski equipment rentals. Their hill stands at 150 vertical feet and has four lifts: one quad chair lift, one handle tow, and two rope tows.

With their Main Hill, Terrain Park, Big Table Top, Jump, and Bunny Hill, you can decide what adventure you're up for. Or, if you want all the fun of playing in the snow without all the equipment, you'll love their Tube Park.

If you're looking for lessons, Springhill offers that too. With a certified instructor, you'll start as a beginner and be guided through the process of honing your skills until you're an advanced skier or snowboarder. With options of private or semi-private lessons, family lessons or holiday camps, group camps or wine Wednesdays for women, or Terrain Park lessons, it's more than just learning but also creating lasting memories.

Find out what you've been missing and start your exciting adventure with Springhill Winter Park!

Springhill Winter Park has a kitchen that offers food and beverages. Make it a staycation by staying at the Oakbank Motor Hotel.



EXPERIENCE THE EASTMAN REGION LIKE NEVER BEFORE. MANY PEOPLE SKIP WINTER ACTIVITIES, NAMELY BECAUSE OF THE COLD. BUT, WHEN YOU BRING THE RIGHT SUPPLIES, DRESS CORRECTLY, AND TAKE THE EXTRA MILE TO PREPARE FOR YOUR VENTURE, YOU CAN STILL LIVE AN ACTIVE LIFESTYLE AND BE IN NATURE DURING THE WINTER MONTHS.

Winter activities are fun and enjoyable and range from simple to extreme. Just like any summer activity, there are some basic safety and survival techniques that you should be aware of. If you're new to winter, ease yourself into it before jumping in with both feet. And, when you're ready to do more, check out these great outdoor training and survival companies that operate right here in Eastern Manitoba.

ICSOS (International Canadian School of Survival) - SURVIVALBYTRAINING.COM

If you are an avid outdoors person, or just realizing your love for nature, then attending one of the many courses and programs provided by ICSOS is a must. They offer various programs that teach you what to do if the worst-case scenario becomes a reality.

Other companies who offer outdoor survival skills include **SAYZOONS.CA** and **WILDERLAND.CA**.

For most winter activities, the dress code is the same. Most people tend to overdress or underdress for their outdoor adventure and often forget that the goal is to stay warm AND dry – not only from the elements but also from sweat. The trick is to dress in layers.

Layers are a wonderful thing, not just a fashion statement. Overdressing results in sweating – which is a big no-no in winter. Sweating in sub-zero temperatures is very dangerous. If you have been sweating and then take a break or slow down, the moisture can begin to freeze, making it very difficult to get warm again.

When starting your adventure, the best practice is to dress so your body feels chilled at the beginning. Eventually, your body will get used to the chill, and especially if doing physical activity, your body will warm up.

Now, how many layers should you wear? You'll want three layers, a next-to-skin base layer, a mid-weight insulating layer, and an outer shell layer.

For a base layer, wear something lightweight, next-to-skin, comfortable, and warm even when it gets wet. Keep in mind that wool is an excellent option for a base layer, so your body temperature stays regulated. If you hate winter because you're always cold, adding a base layer to your clothing mix will probably help change your mind.

Your middle layer traps air, which keeps you warm; the more air you trap, the warmer you'll be. Middle layers should allow the transfer of moisture and wicked-through the base layer to continue its journey away from the body. Goose down, fleece, and wool are good options of material for the middle layer.

Your outer layer is designed to protect you from the elements. It should be durable and breathable and protect you from the wind, rain, snow, and branches. Something simple like a windbreaker, rain jacket, and winter jackets designed as "outer shells," which tend to be more durable. Also, this layer should be waterproof. Fabrics like Gortex are perfect for this layer.

A huge, mega no-no is using cotton. The reason for this is because once cotton gets wet, it stays wet, making your garment heavy and damp and resulting in you becoming very cold, shivering, and miserable.

Footwear depends on the activity you are doing. Skiing, for example, requires specific ski boots. However, for hiking, snowshoeing, and fat biking, light winter boots or even waterproof hikers (paired with gaiters) are perfect.

For ice fishing, rubber or leather boots are the way to go. Both have their pros and cons, however. While rubber boots are 100% waterproof, they are not as warm. Leather boots are very warm, but eventually, your feet will get wet and cold. Also, if you are ice fishing, consider purchasing a bib to help keep you warm and dry – plus, you can buy one with lots of pockets to hold your smaller gear and tackle.

socks are another must. Often, people don't put much thought into what socks to wear, but this is another important clothing item. Wool socks are a great insulator, can absorb a high amount of moisture, keeps their insulating properties while wet and, on the flip side, dries much more quickly than cotton or other synthetics.

STEP BACK IN TIME

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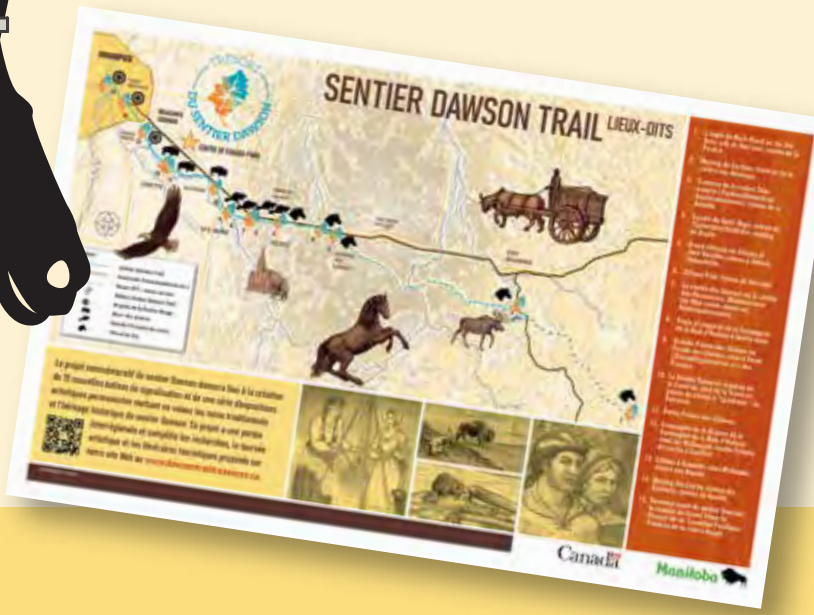
NEW ART AND HERITAGE TOURS COME ALIVE ON THE DAWSON TRAIL!

TREASURES OF THE DAWSON TRAIL | TRÉSORS DU SENTIER DAWSON

Communities all along the historic Dawson Road from the RM of Reynolds to Saint-Boniface have been transformed by the recent development of an annual art tour and interpretive trail featuring 15 wayfinding markers and permanent art exhibits that highlight traditional place names and the rich legacy of Canada's first all-Canadian road to the West! Make us your next getaway destination... We look forward to sharing our "treasures" with you.

Dawson Trail Art Tour
September 16 & 17, 2023



WWW.DAWSONTRAILTREASURES.CA

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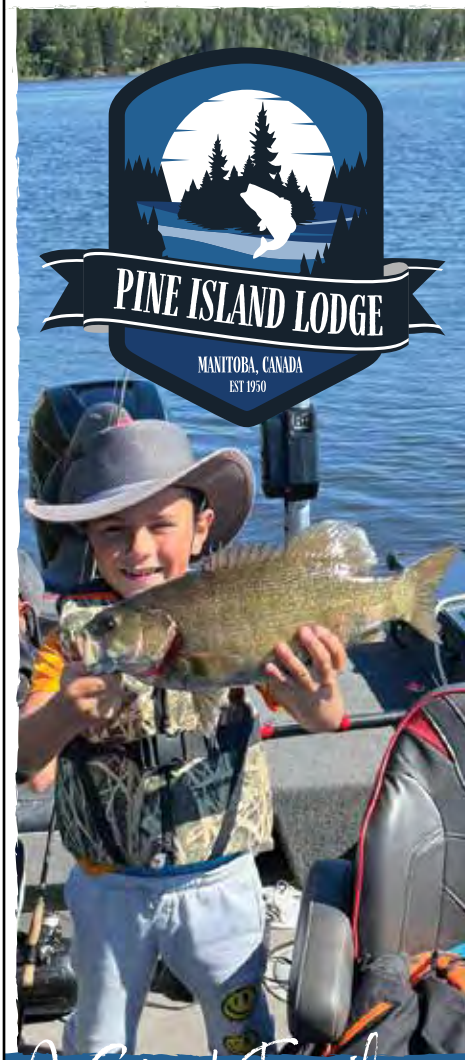

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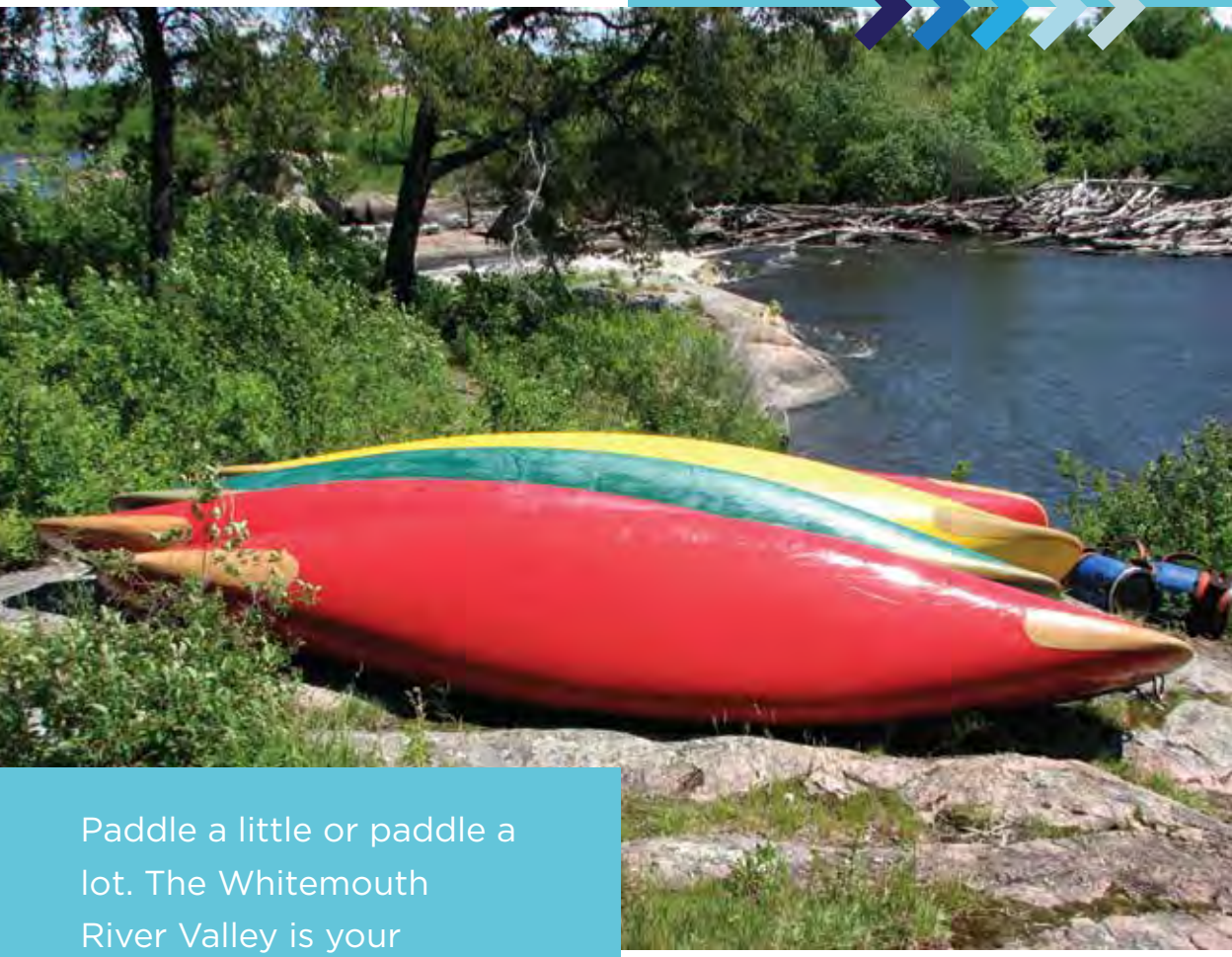

Paddle a little or paddle a lot. The Whitemouth River Valley is your paddling destination. Come winter when the river is frozen, it's perfect for an afternoon snowshoe or sled ride.

Visit rmwhitemouth.com and click on visiting us for local maps.

Whitemouth
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CAROL'S ON LEON
Traverse Bay

If you and your gal pals are on the hunt for something new and unique, you'll find it at Carol's on Leon. From the shopping must-haves like jewelry, high-quality clothing, and accessories to a cottager's paradise of cottage décor, you'll discover countless finds here that you can indulge in.

You'll also find one-of-a-kind metal, canvas, or framed art pieces that will add that 'wow' factor to your home. Or add some vintage items to your cart that are just impossible to say no to. These items are ever-changing, making each visit a brand-new shopping adventure.

And it just wouldn't be shopping without grabbing some tasty goodies. Carrying a variety of specialty food items, you can find maple syrup, BBQ sauces, jams, jellies, dip mixes, and, for those ladies with a sweet tooth, Morden's Chocolates.

Carol's on Leon does their best to carry made in Canada and Manitoba products while offering unique and stunning items.

CAROLSONLEON.CA

PRAIRIE OILS AND VINEGARS
Steinbach

Get your oil and vinegar game on! Prairie Oils & Vinegars has a large selection of the freshest and finest Extra Virgin Olive Oil, Balsamic Vinegar, and Specialty Oils. With items like oils, vinegars, rubs, accessories, sauces, condiments, and more, you can find flavourful products that will keep you coming back for more.

Prairie Oils & Vinegars is also Manitoba's first oil and vinegar tasting room. With their welcoming, knowledgeable staff, you are free to dip, sip, and taste their products while learning about the art of crafting their products. Dip it with bread, or sip it straight from the bottle while you dream of pairing it with salads and sizzling steaks.

Not only do their Extra Virgin Olive Oil and Balsamic Vinegars taste incredible, but they are actually healthy! You can find various things during your visit like super-premium extra virgin olive oil, infused olive oil, dark balsamic vinegars, white balsamic vinegars, gourmet oils and vinegars, condiments, sauces, rubs, salts, spices, accessories, and more.

PRAIRIEOILS.CA

BOTHWELL CHEESE
New Bothwell

No trip to the RM of Hanover is complete without a visit to Bothwell Cheese. Since 1936, Bothwell Cheese has been crafting premium, all-natural, artisanal cheeses. Using pure milk with no additives, you can taste the difference, and once you do, you'll never go back to any other cheese. With over two dozen cheese varieties (twenty-five traditional and innovative flavours, to be exact), no matter what you're in the mood for, you can find it here.

At Bothwell Cheese, there's more to cheese than curds and whey. They believe the highest quality and best-tasting product comes from cheese made with 100% pure Canadian milk. This means there are no artificial ingredients, preservatives or modified milk ingredients

used in the production of their cheeses. It's all fresh and locally produced milk.

While you can purchase Bothwell Cheese in many stores, taking the time to visit the Factory Cheese Shop is definitely worth the trip. Meeting friendly and informative staff, getting the freshest product, and also the best deals are what await you here.

BOTHWELLCHEESE.COM

SPIRIT OF THE BOREAL BOTANICALS
Beausejour

Herbs, oils, superfoods, and, believe us, much more! Those are just some of the things you will find during your visit to Spirit of the Boreal Botanicals, where they are dedicated and passionate about helping you find your way to a healthier, happier, and more balanced self.

Offering a shop that provides various natural products and educated quality, and compassionate herbal consulting service, you can find that perfect remedy you did or didn't know you needed. This clinic, herbal dispensary, and natural products retail outlet carries teas, aromatherapy products, traditional smudging supplies, pet products, vitamins and supplements, and even jewelry. Their bulk herbs and medicinal mushrooms are ethically harvested and wild-crafted locally when possible.

With their friendly and knowledgeable staff that loves talking shop, you can discover and learn about these precious medicines produced by Mother Earth.

Registered Herbalist and owner of Spirit of the Boreal Botanicals, Dana (Blue Thunderbird Woman) Wood is a Metis descendant of both the Ojibwe and Cree peoples of Canada. She has always been an outdoor advocate and has a special affinity to the remote wilderness areas of Manitoba - in the pristine boreal forest.

SPIRITOFTHEBOREAL.COM

ARK CERAMICS & GIFTS
Landmark

ARK Ceramics & Gifts offers a wide variety of gift items that are sure to 'wow' your mom! It won't be difficult to discover those must-have items here as the shop showcases handmade products, local makers and bakers, and stunning items around every corner.

You could spend hours exploring their impressive shelves, from candles to pottery, clothing and accessories, home décor and refurbished goodies, and tasty delights.

FACEBOOK.COM/ARKCERAMICS/

BOREAL WORKSHOP
Pinawa

Gift your special someone some bling from Boreal Workshop!

At Boreal Workshop, you can discover breathtakingly beautiful handmade jewelry (as well as functional art objects) for the very special lady in your life. This Manitoba family business specializes in gold, silver, copper, diamond and coloured stone jewelry, earrings, rings, and wedding rings. Their work is informed by Indigenous and European cultures and traditions of art and craft as well as our environment.

Handmade in Canada, they cut and facet their own gemstones using select rough sourced from around the world. Their metalwork is handmade, typically in copper, silver, and gold. Where possible, they use local sources and distributors and consider sustainability and the environment.

Whether you are looking for bracelets and cuffs, earrings, pendants, rings, or simply just beautiful things, you can find them at Boreal Workshop. Explore their online store for a world of options guaranteed to take your mom's breath away.

BOREALWORKSHOP.COM

VON SLICK'S
Middlebro

You can never go wrong with gifting something tasty!

Von Slick's product line specializes in finishing butters of the utmost detail and flavour that will perfectly and simply enhance any dish! Von Slick's offers numerous types of finishing butter that can put your dishes over the top! From sweet to savoury, for breakfasts to dinners, there is a flavour for every occasion – and a butter for every dish!

And Von Slicks is a newly rewarded product! Von Slick's Finishing Touch won not once but TWICE in the Canadian New Products Grand Prix by the Retail Council of Canada! They took home gold in two categories – Dairy and Innovation & Originality, two very well-deserved wins!

VONSLICKS.CA

GREEN PASTURES FARM
Gardenton

Give the gift of a warm, comfortable sleep with Green Pastures Farm's wool duvets! Their handmade wool duvets are the perfect mix of warmth, comforting weight, yet breathable and perfect for use all year round. The duvets are quilted by hand and filled with wool from their sheep on the farm. Their family has passed on the practice of making these special duvets for generations; they even use the same pattern that was passed on from their grandmothers!

And if your mom is an avid knitter, you have to purchase some of their yarn and DIY kits! Green Pastures Farm chooses the best fleeces every year to be made into beautiful yarns. You'll find their Rideau Arcott yarn is soft, fine, and comfortable worn right next to skin. While their East Fresian yarn is sturdy, airy, and elastic.

FARMGREENPASTURES.COM

THISTLEWOOD POTTERY STUDIO
Whitemouth

If your mom loves to craft, then she will love Thistlewood Pottery Studio!

Cheryl, the owner, guide, and creator of Thistlewood Pottery, is a teacher-turned potter with a love of designing and producing her wares. Whether you shop online or prefer exploring the shop in person, you can find one-of-of-kind, handcrafted pottery work like mugs, pitchers, bowls, plates, and more created with care and passion. You can find Thistlewood on Etsy or visit them in person at their shop in Whitemouth.

Thistlewood Pottery is so much more than a place to shop, though. It's where you can harness your own creativity too! Continuing with her roots as a teacher, Cheryl also guides and teaches the art of pottery through classes. Classes are offered preferably to groups of four to six people.

THISTLEWOOD.CA

SHEPHERD'S DREAM
Roseau River

Whether you know someone who just can't get comfy at night, or if you want to treat yourself this Christmas, Shepherd's Dream will have just the thing you've been dreaming of.

Specializing in creating wool-filled bedding, you can experience sleep like never before. With a variety of pillows, mattress, mattress topper, comforter, neck roll, sheets, pet beds, baby bedding, and much more, you'll discover a new world of rest and relaxation.

Along with bedding products, they also offer items that can increase their wool products' care and comforts like felts, protectors, bed frames, DIY materials, and dryer balls.

WOOLBED.NET

MENNONITE HERITAGE VILLAGE BOOKS AND GIFTS
Steinbach

Do you have someone in your life that loves history, art, jewelry, or even toys? You can find that perfect gift for anyone and everyone at the Mennonite Heritage Village Books and Gifts.

On their online store, you can order countless varieties of jewelry and clothes, intriguing books on a number of topics (cookbooks, family geneology, children's books, literature, poetry, journals, gardening), incredible artwork and much more!

MENNONITE-HERITAGE-VILLAGE.COM

BOREALIS BEADING
Ste. Genevieve

Borealis Beading is known for offering fantastic Métis beading workshops and experiences, but there is so much more they offer! Owned and operated by Melanie Gamache, a Manitoba Métis beadwork artisan, you can discover truly unique art pieces that are perfect for hanging on the wall or even wearing!

From jackets, backpacks, wallets, moccasins, journals and even Christmas stockings, you can enjoy these items with the added flair and beauty of Melanie's beadwork.

And, if you happen to know someone who beads or wants to learn how, Borealis Beading sells beading supplies and offers in-person or virtual beading workshops!

BOREALISBEADING.COM

PINAWA ART GALLERY
Pinawa

Discover the perfect Christmas gift for the art lover in your life at Pinawa Art Gallery! Featuring local artists, you can find one of a kind artwork that will take away everyone's breath.

Whether you're looking for paintings, drawings, photography, pottery, wearable gifts, sculptures, or any artwork, you can find it here. If you are looking for a specific local artist, contact the Gallery, and they'll help you find them.

The Gallery is offering curbside pick-up. For more information on artwork at the Gallery, check out their Facebook Page (or message them on Facebook).

PINAWAARTGALLERY.COM

Think you know the facts?

Take this Manitoba-inspired quiz and tally up your knowledge points!

1. At this Manitoba hot spot, their Meteor Festival is out of this world. Which lake in Eastern Manitoba was created by a meteor 150 million years ago and has an annual festival every year to celebrate its unique creation story? It is also the deepest lake in Manitoba, and one of the deepest in North America overall, coming in at 111.5 meters deep.

A. West Hawk Lake
B. Lake Winnipeg
C. Shoal Lake

Every August, you can experience the Perseid meteor showers in the dark skies of Eastern Manitoba.

2. Whether it be for their delicious maple syrup or their international frog jumping competition, St. Pierre-Jolys is always a hopping good time. What is the name of the annual frog jumping competition?

A. Jumping Jamboree
B. Ribbiting Good times
C. Hop to it
D. Frog Follies
E. Green Green Hopping Machines

Frog Follies has been celebrating Francophone culture since 1970.

3. Yeeehaaaa! If you're in the mood for some boot scootin' boogie, then this rodeo is the place to be! This is the one rodeo where you can go and no matter how much you spend, you will always leave feeling richer. What community can you find this Rough Stock Rodeo in?

A. Grunthal
B. Oakbank
C. Richer
D. Prawda

4. Which festival caught all the fire in the 2019 Festival Madness Competition, and won first place?

A. Summer Winds Music Festival
B. Winnipeg Folk Festival
C. Fire and Water Music Festival

5. If it is buried treasure you are looking for, then Dawson Trail is the place to be! You never know, you may just strike gold while making some treasured golden memories of your own. In 1868, a soldier on horseback was carrying payroll worth $10,000 to troops at Fort Gary by way of the Dawson Trail. Fearing for his life from bandits, he stashed the payroll pouch somewhere along the trail. It is said that the soldier may have stashed the pouch in a cabin somewhere between Ste. Anne and Harrison Creek in hopes of one day returning to collect it. Many believe that the gold is still out there. What would be the value of that gold today?

A. $10,000
B. $200,000
C. $50,000

6. On September 1, 1947, at 10:50 pm, a Camper Special was returning from a long weekend at Minaki Lodge and instead of taking the side-track, it ploughed into a waiting transcontinental train. More than thirty people lost their lives in the accident. It was the worst train wreck to occur in Western Canada. A monument was erected in 2007 for the 60th anniversary of this disaster. Survivors' stories can be read on the Manitoba Historical Societies website. What town erected a monument to honor those lives lost?

A. Dugald
B. Whitemouth
C. Elma

7. The secret is out! In 2001, a resident of this small rural community uncovered a hidden, elaborately constructed gambling den in the basement of their newly acquired property. During days of prohibition, hundreds of feet of concrete lined tunnels were built around 1916 for an escape route that was just big enough for a person to crawl through. What community do you think these sneaky gamblers ran their underground facility in?

A. St. Anne
B. Anola
C. Elma

8. Did you know that Eastern Manitoba is home to the biggest fish ever caught in Manitoba? Where can you find the Sturgeon Statue that was erected to honor this piece of history?

A. Sturgeon Falls
B. Dominion City
C. Lac du Bonnet

9. Where was the first complex to make glass containers in Western Canada located that is listed as one of Canada's Historic Places?

A. Glass
B. Beausejour
C. Saint Malo

10. Did somebody call a doctor? In what community did Manitoba's first female doctor, Dr. Charlotte Ross, practice from 1881 to 1912?

A. Whitemouth
B. Powerview-Pine Falls
C. Ross

ANSWERS: 1. A 2. D 3. C 4. C 5. B 6. A 7. C 8. B 9. B 10. A

PERLAGE

A Métis Voyage into the World of the Flower Beadwork People

Experience Métis Culture & History Through Beadwork, Food, & Nature

Borealis Beading is located on the homeland of the Métis nation, surrounded by aspen oak forest. You will be welcomed with a fireside chat introducing you to Métis culture.

Melanie will share some personal experiences from growing up in a close-knit French Métis family, leading up to her most recent experiences with her beading journey.

A scouting walk in the forest will introduce you to native vegetation traditionally used by the Métis people, whether used medicinally or artistically through beadwork.

Your next experience will be a hands-on introduction to beading to understand how the Métis became known as the Flower Beadwork People and to learn some of the untold stories lurking behind the intricate art of beadwork.

Finally, you will taste locally-sourced bison jerky, honey, cheese, butter, homemade bannock and jam while sharing your thoughts on the day's activities.

About The Experience

- Part of the Experience will occur outside with low impact walking, so please wear appropriate footwear and outdoor clothing.
- Snacks and beverages (including water) will be provided for you.
- 2 to 6 attendees only per booking date.
- The Experience is from 12:00 PM to 5:00 PM

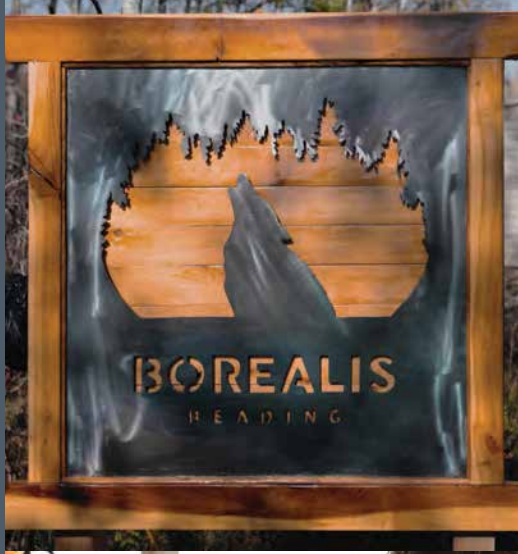
$195 Per Person

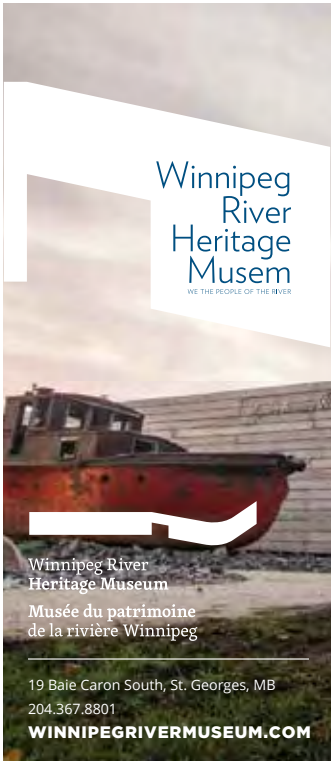
For more info or to register please contact us at:
borealisbeading@gmail.com or 204.447.747

Borealis Beading – 38073 Mun 49N, Ste Genevieve, MB

BOREALISBEADING.COM

eastmantourism.ca

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DOWN N' DIRTY

It's A Family Thing!

Imagine a family fun experience that brings joy, laughter, deep family connections and wonder. Imagine getting a little dirty while doing it! If you are a free spirit and these are things your family would enjoy doing together, then let's go!

Experience wholesome family fun where city meets farm life. Take time to breath in the fresh air as you enjoy the rustic farm setting to unplug, listen to nourishing sounds of nature, explore the Roseau River, cuddle with the animals, get your hands in the dirt, set the stage and prepare a meal together in a way that will create lasting memories of family time.

We invite you to experience for yourself what Hidden Valley Haven has to offer - beautiful peaceful surroundings with Down N' Dirty fun!

Come celebrate family culture as you gather around the table and share quality time together on the farm.

About The Experience

- This family experience will be outside, getting up close with the animals and in the dirt. We encourage you to wear appropriate footwear and clothing for the elements and activities.
- The experience includes snacks, water, dinner and activities that will bring your family closer together.
- More than one family can participate so tell your friends or make new ones.
- Recommended for children ages 8 and up.
- Additional participant price: $60 ages 8-16, $80 17+
- Add a night stay with your experience: $289, limited to one family/group. Extra guest fee: $30/person/night.

$499 / Family / Group of 4

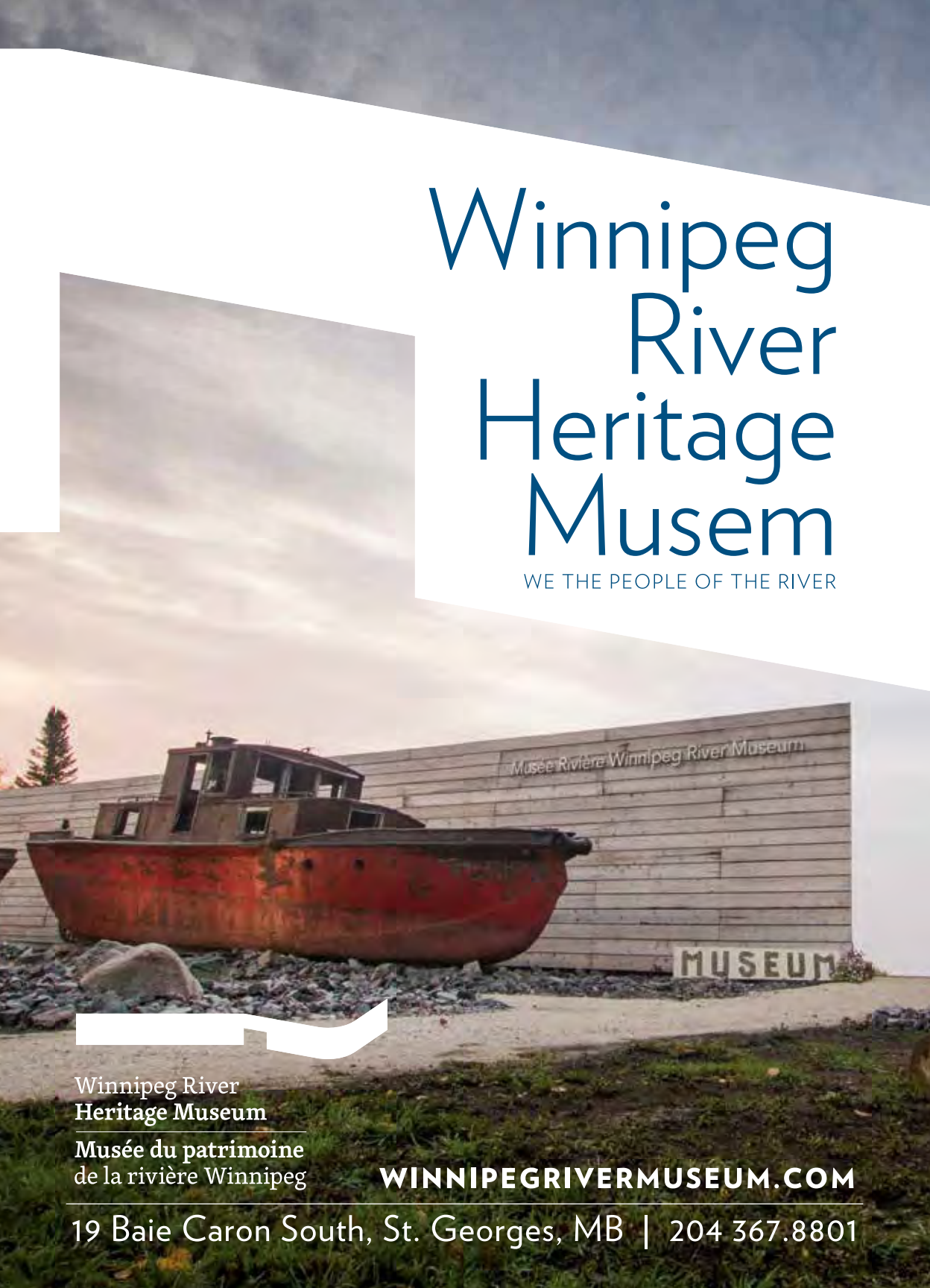
To book, visit our website or email us at:
info@hiddenvalleyhaven.ca

HIDDENVALLEYHAVEN.CA

Eastman TOURISM

Winnipeg River Heritage Musem

WE THE PEOPLE OF THE RIVER



Winnipeg River
Heritage Museum

Musée du patrimoine
de la rivière Winnipeg

WINNIPEGRIVERMUSEUM.COM

19 Baie Caron South, St. Georges, MB | 204 367.8801

TINTA

A Dye Your Own Wearable Art Experience

Sense how life slows down as you set foot on Masagana Flower Farm, a southwest facing acreage near La Broquerie, MB. Awaken your senses and let nature lead you.

We'll meet in the studio nestled in the aspen forest to meet new or old acquaintances through a sharing circle. To not miss the extraordinary moments, we'll ground ourselves with a listening exercise and prep the mind and body for a new experience.

The group will proceed to the gardens to learn how to cultivate dye flowers and harvest them as we go. Back at the studio, we'll create tangible memories of your experience on textiles using the flowers you picked. Discover the creative in you and witness the magic of plants right at your fingertips.

We'll wind up and get nourished with a light salu-salo spread at Lourdes's table, a festive Filipino tradition of celebrating by gathering and eating together. Take a bite, wind down and leave the farm feeling refreshed and inspired.

Make This Summer One Of A Kind

- Dress for the weather and anticipate coming to a working farm. The natural dyeing portion of this experience will provide participants with basic, non-technical skills.
- 3 hours, snacks included
- Minimum of 4 guests to run, up to 6 per time slot
- Private group bookings welcome, space is wheelchair accessible

$225 Per Person

Register via: *www.masaganaflowerfarm.com/experiences*
For recommendations to include in your Eastern MB trip itinerary: Visit *eastmantourism.ca* or email us: *hello@masaganaflowerfarm.com*

Masagana Flower Farm & Studio – 38159 43E RM Ste Anne

MASAGANAFLOWERFARM.COM

Eastman TOURISM

PIONEER VILLAGE MUSEUM

Harvest the Past, Sow the Future

Established in 1967, the Pioneer Village Museum recreates a small rural Manitoba community in the early 1900s. Housed within the grounds is a home, railway station, barbershop, blacksmith shop, school, community hall, and store, just to name a few.

The Museum hosts evening markets throughout the summer and our annual Heritage Day held in August.

Check us out on Facebook for up-to-date news and events!

7th Street Beausejour, Manitoba

pioneervillagemuseum@gmail.com

FOREST TO RIVER

Where Art, History, & Inspiration Flow

Experience This Artist Led Exploration Of Mother Nature & Your Creative Spirit!

Your guide, a local artist, will welcome you to the unique community of Pinawa. You'll be guided on a trail walk and forage for art materials on the beautiful Ironwood, a section of the TransCanada Trail along the Winnipeg River, an important trade and travel route. Be inspired as the artist demonstrates artistic inspiration and practice, highlighting two historically important women artists, one from a colonial perspective and the other indigenous. Listen to stories of these two women and get a glimpse into what life was like as a female artist. Engage in the inspiration that artists discover in the Boreal Forest and the Winnipeg River. Savour a locally inspired lunch of wild rice buns, soup, wild harvested tea, and local jam. Let your creativity flow using your foraged materials to create a one-of-a-kind art piece that you get to take home.

About The Experience

- For your comfort during this experience, wear clothing & footwear appropriate for the weather and walking on a gentle gravel path.
- Washrooms are available at the gallery and on the trail.
- Take as many photos or videos as your spirit moves you.
- A minimum of 4 people are required to register, and up to 10 people maximum.
- It runs 10:00am-1:00pm one Saturday per month
- June 25, July 23, August 20, September 17. Other dates can be arranged for groups.

$120 Per Person

For more info or to register please contact us at:
pag211inpinawa@gmail.com or 204.340.3404

Pinawa Art 211 – 24 Aberdeen Avenue, Pinawa, MB

PINAWAARTGALLERY.COM

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ADVERTISER INDEX

Beausejour/Brokenhead	25
Bissett Community Council	27
Breezy Oaks Inn & Tavern	31
Recycle Everywhere	9
CDEM (Bonjour MB)	21
Cloud 9 Ranch - Tara Reimer	33
Community Futures Winnipeg River	49
Creative Printall	48
Crow Wing Trail	27
Dawson Trail Arts & Heritage	32
Dawson Trail Museum	23
Debonair Campground	41
Epic Rides	35
Fire & Water Festival	47
Inverness Falls	35
James Bezan	35
John Peter Events	35
Mennonite Heritage Village	31
MLAs of Eastman	22
Moon Gate Guest House	31
Nor Col EZ Dock	20
PCDC - Co-op Ad	IFC
Pine Island Lodge	33
Pioneer Village Museum	45
Prairie Oils & Vinegar	23
Riverview Lodge	23
RM of Alexander	47
RM of Lac du Bonnet	4
RM of Stuartburn	27
RM of Tache	41
RM of Whitemouth	34
Rock Garden Campground	23
St. Malo District & Chamber	31
South Beach Casino	51
Sunrise Corner	10
The House that Love Built	27
Tolstoi Country Cottage	41
Town of Powerview-Pine Falls	45
Walleye Mafia	41
Wayne Ewasko	35
Winnipeg River Heritage Museum	41 & 43

Eastern Manitoba

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ONTARIO

EASTERN MANITOBA IS HOME TO **22 PROVINCIAL PARKS** AND **FORESTS**. THAT'S A LOT OF ADVENTURE TO DISCOVER.

BANNOCK POINT IS WHERE YOU CAN EXPERIENCE INDIGENOUS CULTURE THROUGH ANCIENT PETROFORMS. THIS SACRED PLACE CAN BE FOUND IN THE WHITESHELL AND IS TREASURED FOR THE CULTURAL HISTORY IT REPRESENTS AND ITS CONNECTION TO THE ANCESTORS.

TURTLE LODGE HOLDS FULL MOON CEREMONIES THAT ARE OPEN TO THE PUBLIC TO JOIN AND LEARN ABOUT INDIGENOUS TEACHINGS. THIS SPIRITUAL PLACE IS FOUND IN SAGKEENG FIRST NATION, IN FORT ALEXANDER. THEIR FUNDAMENTAL GOAL IS OF MINO-PI-MATI-SI-WIN – A GOOD AND PEACEFUL WAY OF LIFE, FOR ALL.

DID YOU KNOW THAT **NOPIMING** MEANS "**ENTRANCE TO THE WILDERNESS**" IN ANISHINABE?

GOING CAMPING? WE HAVE GOT YOU COVERED WITH MANY DIVERSE LOCATIONS TO CHOOSE FROM WITH OVER 60 RV PARKS AND CAMPGROUNDS IN THE EASTERN REGION.

VISITOR INFORMATION CENTRES

Canada/United States Border	Hwy.75 at Emerson
Manitoba/Ontario Boundary	Hwy. 1 at Whiteshell Provincial Park
Bibliothèque Allard Regional Library	St-Georges
Mennonite Heritage Village	Steinbach

TRANSPORTATION PROVIDERS

Winnipeg River Charter Services	BUSCHARTERSERVICE.CA
VIA Rail Canada	VIARAIL.CA
Lyncrest Airport	LYNCREST.ORG
Adventure Air	ADVENTUREAIR.CA

PARK PASSES

Park Vehicle Permits must be displayed year-round in provincial parks. Permits are available online. www.manitobaelicensing.ca

SNOMAN PASSES

If you wish to travel on designated Snoman trails in Manitoba, you must by law have a valid Snopass and display a Snopass sticker on the valid Off-Road Vehicle plate on your snowmobile. Snopasses can be purchased at Public Insurance Brokers in Manitoba. SNOMAN.MB.CA/SNOPASS

Visitor information is available at all municipal offices in Eastern Manitoba during business hours, Monday to Friday or visit their website.

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Eastman TOURISM

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Manitoba

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